

People with a mental health disorder may not be able to fully participate in the labour force. This has individual impacts in terms of the person's income, social participation and self-esteem, and also has wider economic impacts.⁶



Alcohol, tobacco and other drug use can contribute to and reinforce social disadvantage experienced by individuals, families and communities.⁴

The annual number of new HIV diagnoses in Australia increased by 10% in 2012 over the numbers diagnosed in 2011.⁵



Be part of the solution. Give to the AMA Victoria Foundation.

The AMA Victoria Foundation has been established by AMA Victoria to enable members and others to contribute funds to worthy projects aimed at reducing, controlling and preventing 'lifestyle diseases'.

These include obesity and conditions arising from obesity, smoking-related diseases, drug and alcohol-related diseases, sexually transmitted diseases and depressive and mood disorders arising from lifestyle factors.

The emphasis will be on promoting greater community knowledge, understanding and support for those affected by lifestyle-related illness.

Donate using the form overleaf or by calling (03) 9280 8722.

Australians reporting heart, stroke and vascular diseases aged 15 years and over were much more likely to be classified as overweight or obese than those without heart stroke and vascular disease (65% compared with 51%).²



Fourteen million Australians are overweight or obese.¹



Smoking is recognised as the largest single preventable cause of death and disease in Australia. It is associated with an increased risk of heart disease, stroke, cancer, emphysema, bronchitis, asthma, renal disease and eye disease.³

1 modi: Breakthrough treatments for obesity and disease. Monash University Medicine, Nursing and Health Sciences.
2 modi: Breakthrough treatments for obesity and disease. Monash University Medicine, Nursing and Health Sciences.
3 Australian Bureau of Statistics: Smoking
4 Australian Government National Drug Strategy 2015
5 Australian Government: www.sti.health.gov.au
6 Australian Bureau of Statistics: Mental Health



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CHARITABLE FOUNDATION**

ABN: 48 531 553 085



Advancing the medical profession
Advancing the health of Victorians

AMA VICTORIA

ABN: 43 064 447 678

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DONATION INFORMATION

Donation amount: \$ _____

Donation on behalf of an organisation (if applicable):

Organisation: _____

Contact name: _____

Your details

Title: _____ First Name: _____

Surname: _____

Address: _____

City/Suburb: _____ State: _____ Postcode: _____

Contact number: () _____

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Payment

I would like to pay by (please tick): Cheque Credit Card

Please make cheque payable to the AMA Victoria Charitable Foundation.

Credit card information

I authorise AMA Victoria to debit my: AMEX MasterCard Visa

For the sum of \$ _____

Card Number: _____

Expiry date: _____ / _____ CCV: _____

Cardholder's name: _____

Cardholder's signature: _____

I am happy to be contacted about the AMA Victoria Charitable Foundation in future.

Please tick if you wish your donation to be anonymous/unpublished